Allergen interpretation

Gluten

Gluten is a protein component of wheat, rye, barley or oats.

Milk

Milk covers dairy & derivatives like cheese, butter & yoghurt.

Sesame

Sesame is a seed or found in oil – seasame seed oil, vegetable oil where sesame is used, sesamolin, sesamin, tahini, houmous etc.

Nuts

Nut are almond, hazelnut, walnut, cashew, pecan, brazil, pistachio, macadamia & queensland.

Mollusc

Mollusc is a shellfish but has its own allergen category.

Lupin

Lupin is related to legumes (the peas & beans family) & is linked to peanut. It is commonly in the form of flour & as cereal grain replacement.

Sulphite

Sulphite is a processing aid or artificial preservative.

Disclaimer

The data has been derived from technical product specifications &/or info provided by suppliers.

Please take note that the risk of cross-contamination during preparation of the dish in the restaurant kitchen IS NOT taken into account on this data.

Dish	Cercy Nustard Nustard Nustard Celery Celeriac Celery Celeriac Soyabean Soyabean Soyabean Soyabean Egg Egg Peanut (including traces) Peanut (including traces) Nuts (including traces) Fish Fish Crustacean Crustacean	Sulphur/sulphites Sulphur/sulphites
sausages	4 4	4
veggie sausages	4 4 4	~
creamy mash	4	
swede		
carrot		
peas		
Fresh fruit		
yoghurts	4	
ham and cheese baguettes	4 4 4 4	4
tomato cheese, pesto baguettes	4 4 4 4	4
Mixed greens, dressing	4	
sticky ginger cake	4 4 4 4	4 4
fresh fruit		

Crustacea	Peanutline, Molluscs Nuts (including trace)	Milk or lactose Nilk or lactose	celery celeriac Soyabean Sesame	Cereals (contain, Lupin	Sulphur/sulphites
cherry tomato and red pepper soup			4	•	
onion and garlic bread	4	4 4			\checkmark
fresh fruit					
yogurts		4			
beef chilli	1 4 4			4	4
pilau rice					
mixed bean chilli and rice.		4			
Lemon drizzle cake	4	1 1 1	4		~
fresh fruit					
fusilli carbonara		1 1 1	4		4
fusilli roasted peppers , courgette and aubergine	(1 1 1	4		4
fresh fruit					
yogurts		4			

Dish	Celery celeriac celery celeriac celery celeriac soyabean soyabean sesame sesame sesame lactose wilk or lactose lactose peanut (including traces) molluscs molluscs fish fish crustacean crustacean	Sulphur I sulphites Sulphur I sulphites Lupin Cereals (containing gluten) Lupin
baked potatoes		
cheese and beans	✓	
spiced chicken mayonnaise	4 4	~
fresh fruit		
yogurts	✓	
chicken jambalaya		4
veggie jambalaya		4
mixed dressed leaves		
chocolate and orange cake	4 4 4	4
fresh fruit		

Dish	Calstacean	Nuc. Nie Fish	peancy (including	including traces)	Milk or lag	lactose	Sesame Sesame	Celery Celeriac	Mustard	Creals (containing by	sulphur sulphites
baguette pizza with pepperoni ,ham and											
mozzarella				4	4	4	\checkmark				\checkmark
baguette pizza grilled vegetable pesto and											
mozzarella				4	4	4	\checkmark				\checkmark
chocolate and beetroot brownies				4	4	4	4				4
fresh fruit											
penne bolognaise	4	4	4	4	4		4	4		4	4
penne with roasted mixed vegetables, basil and											
tomato sauce				4	4		4				4
lemon shortbread				4	1	4	4				4
fresh fruit											

Dish	Crustacean	No. Fish	Peans (including	nutlincluding traces)	Milk or la-	12ctose	Cele, Soyabean Sesame	Mustar	Cereals (contain Lupin	Sulphur sulphing gluten	hites
tuna salad wrap		4		4	4	4				4	
egg mayo cress and salad wrap				4	4	4	4		1	4	
fresh fruit											
yoghurts						4					
baked potatoes with ragu sauce and cheese	4	4	4	4		4		4		4	
baked potatoes with beans and cheese						4					
Fresh fruit											
yogurts						4					
toasted ham and mozzarella baguettes				4	4	4	4			4	
tomato pesto and mozzarella baguettes				4	4	1	4			4	
oat and raisin cookies				4	4	4	4			4	4
Fresh fruit											

Dish	Mustary Celeriac Celery celeriac Soyabean Soyabean Egg Egg Milk or lactose Egg Egg Fraces Muts (including traces) Peanutlincluding traces) Fish Fish Fish Crustacean	Sulphur/sulphites Sulphur/sulphites Lupin Cereals (containing gluten)
roast tomato basil soup		
Stromboli bread	4 4 4 4	4
Fruits		
yoghurts	✓	
bangers	4 4	4
mash	✓	
onion gravy		
veggie sausages	4 4	4
steamed fresh vegetables		
date slice	4 4 4 4	4 4
fresh fruit		

Dish	Celery celeriac Soyabean Soyabean Soyabean Egg Egg Milk or lactose Milk or lactose Muts (including traces) Molluscs Molluscs Crustacean Crustacean	Sulphur Sulphites Sulphur Sulphir Lupin Cereals (containing gluten) Lupin Mustard
Fish pie	4 4 4	✓
Veggie hommity pie	4 4 4 4	4
steamed vegetables		
fresh fruit		
yoghurts	✓	
baked potatoes		
Chicken and ham carbonara	4 4 4 4	4
cheese and beans	4	
Fresh fruit		
yogurts	✓	

Dish	Crustacean	Fish	Nuts (III) Molluscs	peanuci	tlincluding traces)	Milk or lactose	Sesali, Egg	Sovabean	Celery celeriac	Mustard	Cereals (containing gluten)	Sulphur sulphites
minestrone soup											4	
Garlic Parmesan brea	ad			4	4	4	4				4	
Banana and milk												
chocolate muffins				4	4	4	4				4	
fresh fruit												
madras chicken curry	/									4		

Dish	Crustacean	Fish	Nuts line, Molluses	peanus.	utlincluding traces)	Milk or lactose	gg3 Seson	Soyabean	Celerylceleriac	Mustard	Cereals (containing gluten)	Sulphur sulphites	
Fusilli				4	4		4				4		
meatballs in tomato	basil												
sauce	\checkmark	\checkmark	\checkmark			4			4		4		
roast zucchini and													
tomato basil sauce													
date oat and honey													
cookies				\checkmark	4	4	\checkmark				4	4	
fresh fruit													