



### At risk of losing your job?

If you are having difficulty at work due to your health condition or disability, we can help.

We will talk with your employer and provide a package of support with the aim of keeping you in work.

It may be some simple adjustments, some coaching and training, or maybe simply someone to talk to.

Contact our Employment Bureau  
We will meet you to discuss the way forward

Adding to Life  
**pluss**

0800 334 5525

employment.bureau@pluss.org.uk

www.pluss.org.uk



Our Literature can be supplied on tape, in large print, on PC disk, in Braille and in other languages and formats. Contact us to order your copy.

Pluss is a Social Enterprise owned by Devon County Council, Plymouth City Council, Somerset County Council and Torbay Council.

Every year we inspire thousands of people with disabilities to achieve the career of their choice.



2.1 Pluss Customers

## Want to work?

Supporting people with disabilities to find work and a career



www.pluss.org.uk

**Work brings so much to your life – It can help your self confidence and give you a real sense of purpose.**

Yet looking for work is not always easy, particularly if you've been out of work for a while and have a disability or health condition.

That's why Pluss is here.

**We'll give you practical support to help you find and succeed in the career of your choice.**



**Matching your skills to the right job**

We believe in supporting you to find the right job.

To do this we get to know you, your skills and ambitions. We then match your skills to the needs of local employers. We work closely with over 800 employers of all shapes and sizes.



**Help to find work**

Our support is individually tailored and can include:

- Personal Development - help to build your confidence, develop skills and achieve your goals.
- Ongoing training – from basic skills to vocational and professional qualifications.
- Job search - preparing CVs, applications and interview.
- Work trials - so you can try out jobs and gain experience.
- Benefits advice - to make sure you are getting all you are entitled to.

**Once you're in work**

The support continues:

- Ongoing development, mentoring and advice – we stay in regular contact with you.
- Job Coaching - 'On the job' training to help you learn work tasks.
- Access to funding - for equipment you may need to help you do your job.
- Whatever else you may need - anything from counselling, pain management, hydrotherapy etc.

*Our aim is that you develop to a stage where you and your employer are confident you don't need us any more.*

*"I wanted to get my hands dirty rather than sitting in an office – which is often what is expected of someone who uses a wheelchair. That's the thing Pluss helped me with the most – to get a job that I have always wanted to do."*

**Shaun, Levergrove**

