

Allergen interpretation

Gluten

Gluten is a protein component of wheat, rye, barley or oats.

Milk

Milk covers dairy & derivatives like cheese, butter & yoghurt.

Sesame

Sesame is a seed or found in oil – sesame seed oil, vegetable oil where sesame is used, sesamol, sesamin, tahini, houmous etc.

Nuts

Nut are almond, hazelnut, walnut, cashew, pecan, brazil, pistachio, macadamia & queensland.

Mollusc

Mollusc is a shellfish but has its own allergen category.

Lupin

Lupin is related to legumes (the peas & beans family) & is linked to peanut. It is commonly in the form of flour & as cereal grain replacement.

Sulphite

Sulphite is a processing aid or artificial preservative.

Disclaimer

The data has been derived from technical product specifications &/or info provided by suppliers.

Please take note that the risk of cross-contamination during preparation of the dish in the restaurant kitchen IS NOT taken into account on this data.

Dish	Crustacean	Fish	Molluscs	Nuts (including traces)	Peanut (including traces)	Milk or lactose	Egg	Sesame	Soyabean	Celery/celериac	Mustard	Cereals (containing gluten)	Sulphur/sulphites
cherry tomato and red pepper soup										✓			
onion and garlic bread				✓	✓								✓
fresh fruit													
yogurts							✓						
beef chilli	✓	✓	✓									✓	✓
pilau rice													
mixed bean chilli and rice.							✓						
Lemon drizzle cake				✓	✓	✓	✓						✓
fresh fruit													
fusilli carbonara				✓	✓	✓	✓						✓
fusilli roasted peppers , courgette and aubergine				✓	✓	✓	✓						✓
fresh fruit													
yogurts							✓						

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Fish pie				✓	✓	✓								✓
Veggie hommity pie				✓	✓	✓	✓							✓
steamed vegetables														
fresh fruit														
yoghurts							✓							
baked potatoes														
Chicken and ham carbonara				✓	✓	✓	✓							✓
cheese and beans							✓							
Fresh fruit														
yogurts							✓							

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minestrone soup														✓
Garlic Parmesan bread				✓	✓	✓	✓							✓
Banana and milk chocolate muffins				✓	✓	✓	✓							✓
fresh fruit														
madras chicken curry											✓			

